SMOOTHIES	SIZE	CALORIE	FAT	NET CARB	FIBER	SUGAR	PROTEIN	INGRED-IENTS
Banana Cream	24oz.	300	4.6	60.5	5	31	11	Organic plant plant protein, banana, almond milk, cinnamon, natural sweetener.
Banana Nut	24oz.	405	17.5	51	6.5	32	14.5	Organic plant protein, banana, almond milk, cinnamon, natural sweetener, natural peanut butter.
Cocoa Cream	24oz.	330	8.5	44	5	30	21	Organic plant protein, banana, almond milk, cacao nibs, natural sweetener.
Nutty Monkey	24oz.	450	21.5	47	6.5	31	24.5	Organic plant protein, banana, almond milk, cocoa nibs, natural peanut butter, natural sweetener.
Peanut Butter Cup	24oz.	495	22	58	8	40	25	Organic plant protein, dates, banana, almond milk, cocoa nibs, natural peanut butter, natural sweetener.
PB&J	24oz.	375	15.5	38	5	27	23	Organic plant protein, strawberries, dates, banana, organic vanilla plant protein, almond milk, peanut butter, natural sweetener.
Coconut Wave	24oz.	360	11	44	5	30	22	Organic plant protein, banana, pineapple, coconut milk, almond milk, blue spirulina, natural sweetener.
Golden Glow	24oz.	359	4.4	78	5	78	13	Organic plant protein, mango, pineapple, dates, almond milk, natural sweetener.
Blue Citris	24oz.	330	2.8	69	7.8	43.5	14.75	Organic plant protein, mango, pineapple, banana, orange juice, almond milk, blue spirulina, natural sweetener.
Mocha Loco	24oz.	316	4.6	64.5	9	34	14.9	Organic plant protein, banana, almond milk, natural sweetener, cold brew.
Banana Bean	24oz.	316	4.6	64.5	9	34	14.9	Organic plant protein, banana, dates, almond milk, natural sweetener, cold brew.

PROTEIN COLD BREW	SIZE	CALORIE	FAT	NET CARB	FIBER	SUGAR	PROTEIN	INGRED-IENTS
Brownie Batter	24oz.	215	4	12.5	2	14	27	Non-GMO whey protein isolate, almond milk, cocoa nibs, organic cold brew.
	16oz.	125	3	12.5	1	7	14	
Cookies n' Cream	24oz.	215	4	19	2	14	27	Non-GMO whey protein isolate, almond milk, cocoa nibs, organic cold brew.
	16oz.	125	3	12.5	1	7	14	
Peanut Butter Mocha	24oz.	195	2.5	18	1	14	27	Non-GMO whey protein isolate, almond milk, organic sweetener, organic cold brew.
	16oz.	105	1.5	11	0.5	7	14	
Classic Vanilla	24oz.	195	2.5	18	1	14	27	Non-GMO whey protein isolate, almond milk, organic sweetener, organic cold brew.
	16oz.	105	1.5	11	0.5	7	14	
Coconut Macaroon	24oz.	205	3.5	19	1	14	26	Non-GMO whey protein isolate, coconut milk, organic sweetener, coconut flakes organic cold brew.
	16oz.	115	2.5	12	0.5	7	14	
Cinnamon Toast	24oz.	195	2.5	18	1	14	27	Non-GMO whey protein isolate, almond milk, organic sweetener, organic cold brew.
	16oz.	105	1.5	11	0.5	7	14	
Chocolate Chip Cookie	24oz.	215	4	19	2	14	27	Non-GMO whey protein isolate, almond milk, organic sweetener, organic cold brew.
	16oz.	125	3	12.5	1	7	14	
Mint Mocha	24oz.	195	2.5	18	1	14	27	Non-GMO whey protein isolate, almond milk, organic sweetener, organic cold brew.
	16oz.	105	1.5	11	0.5	7	14	
Caramel Cream	24oz.	195	2.5	18	1	14	27	Non-GMO whey protein isolate, almond milk, organic sweetener, organic cold brew.
	16oz.	105	1.5	11	0.5	7	14	

ACAI BOWLS	SIZE	CALORIE	FAT	NET CARB	FIBER	SUGAR	PROTEIN	INGRED-IENTS
The OG	16oz.	769	22.7	131.7	20.2	62.7	10.1	Açaí base, topped with organic granola, shaved almonds, superseeds, strawberries and banana.
	12oz.	594	18.7	99.7	16.1	45.7	8.8	
Pink Pitaya	16oz.	583	9.2	116.7	15.9	74.8	5.5	Dragonfruit base, topped with organic granola, coconut flakes, strawberries, blueberries and honey.
	12oz.	463	8.7	90.7	11.9	58.8	4.5	
Bahama Butter	16oz.	732	34.7	104.5	6.6	75.5	9.5	Coconut base, topped with organic granola, banana and natural peanut butter.
	12oz.	565	26.7	79.5	5.6	54.5	8.5	
Sunny Side	16oz.	545	7.7	117.1	7.7	91.9	3	Passionfruit base, topped with organic granola, banana, strawberry and coconut flakes.
	12oz.	428	7.7	89.1	6.7	65.9	2.5	
Coco Gold	16oz.	685.5	19.7	128.6	7.6	101.4	4.5	Passionfruit and coconut base, topped with organic granola, banana, blueberry, coconut flakes and honey.
	12oz.	543.5	15.7	102.1	6.6	77.9	4	
Dragonberry	16oz.	613	9.5	124.2	14.9	74.8	5.5	Açaí and dragonfruit base, topped with organic granola, strawberry, blueberry, and honey.
	12oz.	465.5	7.2	95.2	10.8	58.3	4.5	

REFRESHERS	SIZE	CALORIE	FAT	NET CARB	FIBER	SUGAR	PROTEIN	INGRED-IENTS
Passion Mimosa	16oz.	70	0	17	0	18.3	0	Passion tea blended with orange mango energy and electrolytes, 100mg caffeine.
Mango Sol	16oz.	71	0	18.3	0	15.2	0	Watermelon cucumber tea fused with orange mango electrolytes, 100mg caffeine.
Tropical Sandia	16oz.	85	0	21.8	0	18.3	0	A tropical combo with, mango, peach, and orange, 100mg of caffeine.
Rosa Peach	16oz.	70	0	18.3	0	17	0	Peach mango tea paired with raspberry electrolytes, 100mg caffeine.
Berry Watermelon	16oz.	71	0	18.3	0	15.2	0	A refreshing mix of watermelon tea and raspberry lemonade electrolytes, 100mg caffeine.
Citrus Berry	16oz.	85	0	21	0	18.2	0	Passion tea and raspberry lemonade electrolytes, 100mg caffeine.
Watermelon Cucumber Tea	16oz.	6	0	1.3	0	1.2	0	Watermelon cucumber tea.
Passion Tea	16oz.	20	0	4.8	0	4.3	0	Peach mango tea.
Peach Mango Tea	16oz.	6	0	1.3	0	1.2	0	Passion tea.
+ NON GMO Lemonade		110	0	27	0	26	0	
+ NON GMO Almond Milk		25	3	1	0	0	1	